IRISH AID VOLUNTEERING FAIR: BE PART OF THE PICTURE

01 OCTOBER 11 – 5PM
THE PRINTWORKS IN DUBLIN CASTLE

VSO Ireland education volunteer Maria Casey from Co. Kerry with VSO staff members Amina Abdirashid and Jean Molly Ameru and VSO volunteer Farai Kaitano at an Irish Aid funded project at Kasimeri Primary School in Moroto, Karamoja, Uganda.

Welcome to the Irish Aid Volunteering Fair 2016: Be Part of the Picture

Minister's Welcome

I am delighted to welcome you to the *2016 Irish Aid Volunteering Fair – Be Part of the Picture*. The Fair provides a face-to-face wealth of information and advice on international development volunteering opportunities.

Our theme this year, **"Be Part of the Picture"** invites you to engage with the global agenda for international development and I encourage each and every one of you to become part of that picture, to seek out responsible and sustainable volunteering opportunities and to encourage your friends and family to do the same.

One of the things that has struck me since taking on this job is the centrality of development to almost every challenge we face, whether it is the more abiding concerns of hunger, poverty the mass movement of people, fragile states or the more recent issues of the spread of terrorism or effect of out-of-kilter weather patterns on people's livelihoods.

The United Nations has recognised the powerful implementation potential of volunteering in international development. Through responsible volunteering, we anchor the universal spirit of the current international development agenda. As volunteers, we play a role in helping communities less fortunate than our own and, in turn, our learning from those communities benefits our own.

I am proud of Irish Aid's commitment to volunteering. Our Volunteering Initiative, launched in 2013, works to strengthen support at each stage of the volunteering process - from the information stage to the volunteer's return. It works also to modernise support for volunteering, encourage innovation and increase interest in Volunteering.

Irish Volunteers have a long and rich history of volunteering for service overseas and I know that this year's Volunteering Fair will help continue that tradition.

I wish you all an enjoyable, informative and fruitful day at the Volunteering Fair.

Joe McHugh T.D.
Minister of State for Diaspora and International Development

List of participating organisations:

Actionaid, ATD, AIESEC, Christina Noble Children's Foundation, Development Perspectives, DINIT, EAPPI, EIL, EUAV, Friends of Londiani, Habitat for Humanity, The Hope Foundation, Lámha Suas, LMUI, Missionaries of the Sacred Heart, Nurture Africa, PBI International, The Sarah Bird Foundation, SAVIO, Serve, Suas, Tearfund, The Umbrella Foundation, UCD (Volunteers Overseas), Viatores Christi, Vincentian Lay Missionaires (VLM), Voluntary Service International (VSI), VSO Ireland, VMM International, Concern, Goal, Kimmage Development Studies Centre and of course Comhlámh and Irish Aid/UNV

Programme for the day:

Venue:	The Poddle Room
1.30pm – 1.45pm	**Minister of State Joe McHugh's keynote speech**
1.45pm – 3.00pm	**Panel discussion with Irish Aid, Comhlámh and 5 recently returned volunteers**
Venue:	Main Foyer
	35 volunteer sending agencies showcase their programmes and projects (all day)
Venue:	Courtyard Room 1
12.00pm – 1.00pm	**Volunteer self-care with Sarah Bird**

Working in a difficult environment has an impact on our well-being. How we manage ourselves in times of stress is fundamental to our health and ability to perform effectively. This one hour long interactive session is aimed at giving you an overview of the impacts of pressure and stress on yourself and those around you. You will learn at least one effective tool for managing yourself when under pressure and how to breathe to relax both your body and mind.

3.00pm – 4.00pm   **Fundraising tips for volunteers with Simon Scriver**

Volunteers are often requested to raise funds, before they travel on behalf of their volunteer sending agency, and this can be daunting, intimidating and grim! This workshop will take you through some tips for fundraising and equip you with some fresh ideas and new impetus to raise your target amount before you travel.